

# Ladies Rugby



## Vauxhall Ladies ...

Training is held at Vauxhall Recreation Club every :

**Monday and Wednesday 7-9pm.**

New players of all standards from the age of 14 are welcome to join, although you are not allowed to play for the team till the age of 17 due to insurance purposes.

If you are interested in keeping fit and enjoying a great social life please contact Tasha on 07824701802.

## About us ...

Vauxhall Vixens aka 'Vauxy' Ladies were founded in August 2007 by Tasha Currie. We are a part of the successful Vauxhall Rugby Club that has been playing for over 70 years; our very first training session was held by our qualified coaches Marc Crump and Ian Williams at the Vauxhall Recreation Club on Wednesday 12th September 2007. Just four weeks later we had our first 7s tournament in which we won every game we played – a brilliant achievement for all of our dedicated players bearing in mind our short life at this point. In just a few weeks we have expanded from only 5 players to 16 and are confident that this will continue so we can progress from 10 a side contact into full 15-a-side matches.



## Contacts ...

Tasha : 07824701802